



Family Friendly Online Yoga with Nerissa

fundraising for

Islastones Foundation

*-fighting childhood cancer and supporting families affected by
childhood cancer*

**Venue: The Yoga Community joining together in your
home!**

Saturday 23rd May: 10.30-12 noon

On Zoom and live on Instagram

Donations of £5 or more

Bank: Islastones Foundation

Account No: 91877194

Sort code: 40-24-19

Paypal: [paypal.me/islastones777](https://www.paypal.me/islastones777)

Just giving: <https://www.justgiving.com/islas-stones>

Follow live on Instagram: www.instagram.com/nerissafields

07984810483/ nerissafields@yahoo.co.uk

www.yogawithnerissa.co.uk

RSVP and a Zoom link will be sent 15 mins before start, or follow live on
Instagram.