



Yoga in the park 2018

celebrating

International Day of Yoga

Fundraising event for Rainbows

Rainbows provides care and support for life-limited children and their families.

Saturday 16th June: 10.30-12.30 pm

Abbey Park, Leicester (St. Margaret's Way, side of cafe)

Opening sequence with Bharti

-Salute to the Sun in small groups

-Yoga for all levels with Jacky

-Yoga for adults and children with Nerissa

Donations of £4 or more, children free

Please contact Nerissa for more info.

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